DIANETIC TRIPLES PLURAL ITEM

The item must be made plural on Flow 3 when one is running Triples i.e.: "Pain in the head", as an item on Flow 1 and Flow 2 becomes "Pains in their heads" on Flow 3.

STARTING WITH TRIPLES

One who is already fully qualified as an HDC or HDG who starts a new pc can start with Triple Flow and run each item thereafter on Triples.

New items assessed on a pc already run on Triples should be run on Triple Flow.

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